



2021 Video Submission Requirements and Suggestions

Recitation Requirements:

- Students must begin by stating the title of the poem and the poet's name, and the translator, if applicable.
- A student's own editorial comments before or after the poem are not allowed.
- Poems must be recited from memory.

POL Recitation Filming Requirements:

- Film with a horizontal orientation.
- Face the camera so it captures your head to mid-torso (medium shot).
- Each recitation should be filmed in one single shot from one static angle.
- The sound and picture must be clear.
- Videos cannot be edited in any way. Do not add music, graphics, titles, virtual backgrounds, or computer animation.
- Use of professional recording studios is prohibited.
- Each recitation requires its own separate video.

Tips:

- Stand in front of a neutral background and try to avoid wearing clothing in similar colors to the background.
- Do not place light sources behind you to avoid being backlit.
- Students may look directly into the camera, at a fixed spot, or at an imagined audience.
- Make sure you are the only visible and audible person in the video.
- Use a microphone, if possible. If the microphone is on the camera, position the camera close to you.
- Start recording a few seconds before the recitation and stop recording a few seconds after the end.

Examples of student filmed POL recitations can be found on the POL YouTube page.