



# About AmeriCorps

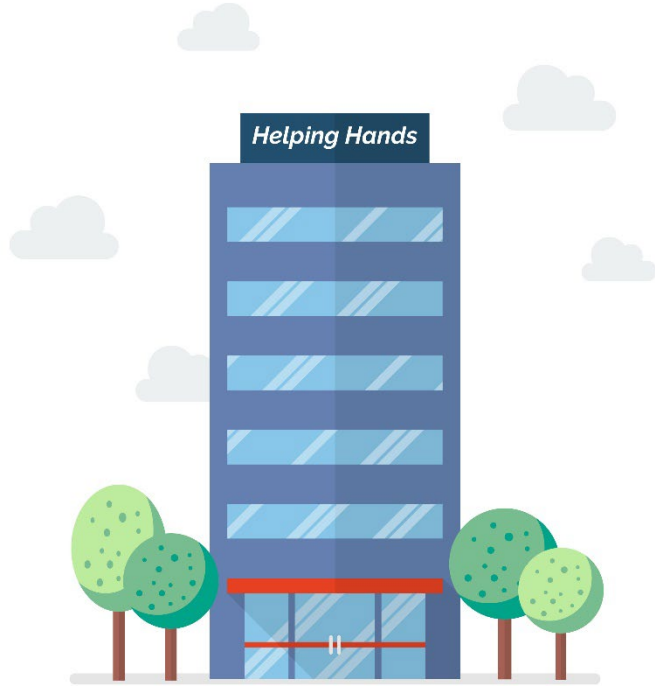
AmeriCorps is the federal agency for national service and volunteerism. AmeriCorps provides opportunities for Americans of all backgrounds to serve their country, address the nation's most pressing challenges, and improve lives and communities.



The mission of AmeriCorps is to improve lives, strengthen communities, and foster civic engagement through service and volunteering.

Through our awards and funding, AmeriCorps harnesses America's most powerful resource – the energy and talents of our citizens – to solve problems.

# Our Model



**Community Serving  
Organizations**  
(Grantees and Sponsors)



**Members & Volunteers**

# Our Focus Areas



**Disaster  
Services**



**Education**



**Economic  
Opportunity**



**Environmental  
Stewardship**



**Healthy  
Futures**



**Veterans &  
Military  
Families**



## **State/National**

Supports a wide range of local service programs that engage thousands of Americans in intensive community service each year.

## **National Civilian Community Corps (NCCC)**

Strengthens communities and develops leaders through direct, team-based national and community service.

## **AmeriCorps VISTA**

Strengthens organizations that alleviate poverty through volunteering and the mobilization of resources.



# AmeriCorps



**Foster Grandparent Program**



**RSVP**



**Senior Companion Program**

# AmeriCorps Seniors Benefits

Explore all the benefits of serving as an AmeriCorps Seniors volunteer.



## Health and Wellness

AmeriCorps Seniors volunteers experience decreased anxiety, depression, and loneliness. 84% of volunteers report stable or improving health after one year of service.



## Community

Connect with others and be part of something bigger. 88% of volunteers who felt a lack of companionship reported fewer feelings of isolation after becoming an AmeriCorps Seniors volunteer.



## Self-improvement

See the daily impact of your service as you build on the skills you already have and develop new ones.



## New Skills

AmeriCorps Seniors volunteers often tap their wealth of experience and wisdom and channel it in new directions.



## Stipend

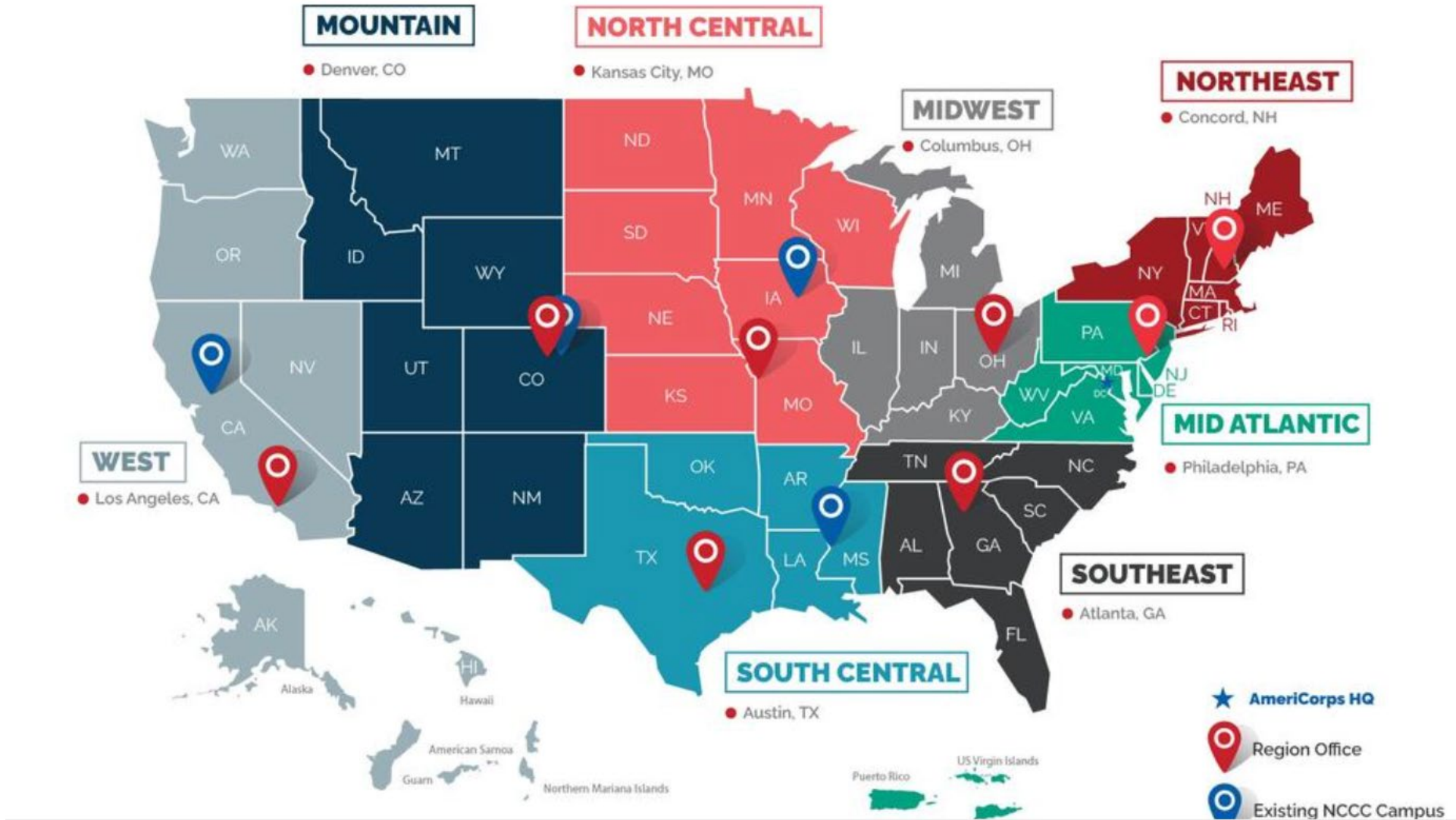
Some programs offer a modest stipend to qualified, low-income volunteers.

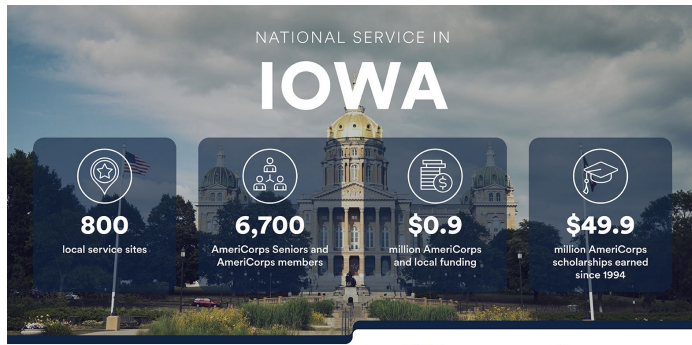


## Insurance

Most programs offer accident, personal liability, and excess automobile liability insurance.



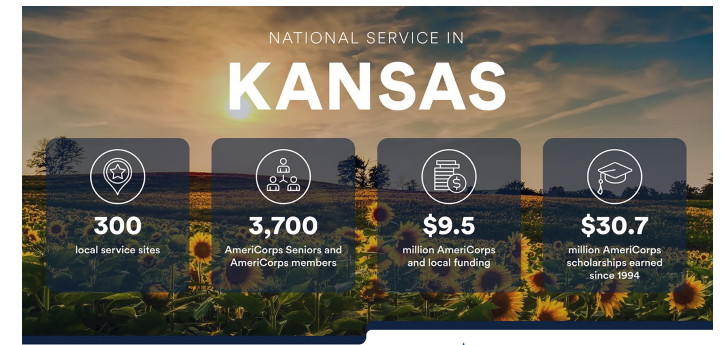




AmeriCorps.gov/iowa



## North Central Region



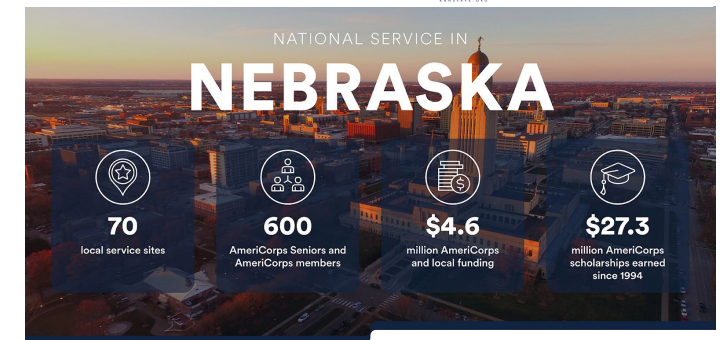
AmeriCorps.gov/Kansas



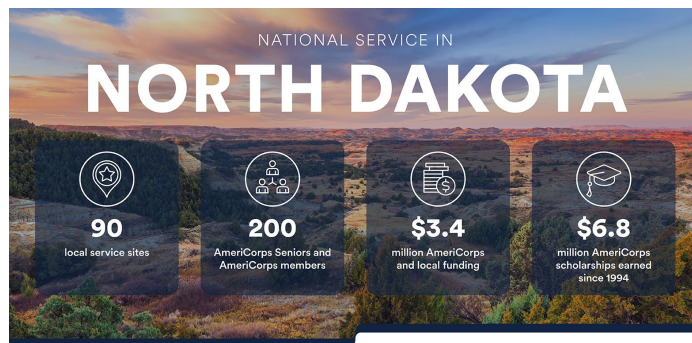
AmeriCorps.gov/Minnesota



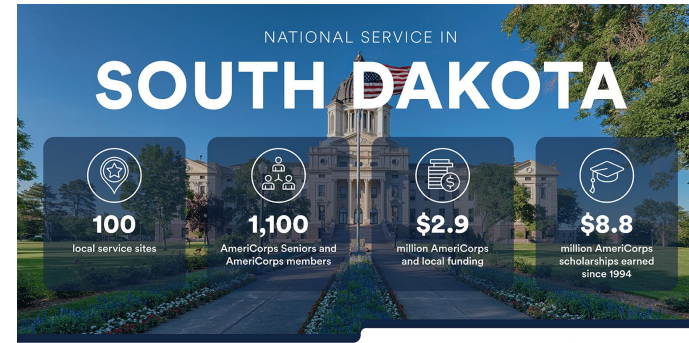
AmeriCorps.gov/Missouri



AmeriCorps.gov/Nebraska



AmeriCorps.gov/NorthDakota



AmeriCorps.gov/SouthDakota



AmeriCorps.gov/Wisconsin





Questions?



Michael Lavery

[mlavery@americorps.gov](mailto:mlavery@americorps.gov)

202 355-2019

Sara Albright

[salbright@americorps.gov](mailto:salbright@americorps.gov)

202 450-0698

